

## Health and Safety Policy

### **Avon Hockey Club**

The Avon Hockey Club is committed to creating an environment that promotes player, and volunteer health and safety.

This will be achieved by

- Providing First Aid kits to all teams.
- Having a designated First Aid person with each team. This may be a trained Medic or a person with an up to date First Aid Certificate.
- First Aid training may be provided through Canterbury Hockey
- Players should be aware of location of the Defibrillator kept at Nunweek Park
- All players wearing a Mouth guard and Shin guards and appropriate footwear while at training or matches
- The club recommends wearing Face masks at penalty corners and they will be provided for teams.
- Goalie gear that is owned by the club will be checked annually and updated when necessary to ensure it provides proper protection for the goalie.
- The goals at SBHS old turf will be kept in good condition.
- Head injuries will treated according to CHA guidelines attached to this document..
- Serious injuries will be reported to the Club Secretary who will maintain an Accident Register.
- A register of designated team First Aid people will be updated annually.

Signed:

Position:

Date:

# Head Injuries

*CHA insists that a player that has received a head injury with suspected concussion, irrespective of whether the injury occurred while playing hockey, may only commence playing again when a medical certificate clearing the player of concussion has been supplied to the CHA office.*

To achieve a safe environment we will require the following steps in relation to head injuries on all Canterbury Hockey turfs:

- If a player is injured in the head the Umpires &/or Team Manager must require the player to stop playing & move to the Dug-Out
- The Team Manager must require the player to obtain medical treatment either immediately or as soon as practical
- The Umpires must note the injury & player on the Game Card & advise the Venue Supervisor
- The Venue Supervisor must complete the Accident/Incident Reporting Form
- The Office Support will record in a register any injured players reported & advise the Club Secretary or School TIC
- The injured player will not be able to resume playing until a Doctor's Certificate is provided to the Office Support, who will then advise the Club Secretary or School TIC